

# Personal Best

American  
English

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**A1** Beginner  
**Teacher's Resource Book**



Photocopiable activities



Progress tests



# Personal Best

American  
English

*Do your personal best with English!* ♥

*Personal Best* is a 6-level General English course for today's busy adults, developed with **Jim Scrivener**, internationally renowned teacher trainer and presenter. Jim's focus on **PRACTICE** as the key to improvement is reflected throughout the contemporary course package. The course features a video webshow called *Learning Curve*, the Personal Best Language App, and a wealth of extra activities and resources on the Richmond Learning Platform.

## Practice makes perfect!

The **Teacher's Resource Book** provides photocopiable activities and quick Progress tests combined in one easy-to-use resource. These "copy-and-go" resources put practice at the heart of learning and give students and teachers a sense of progress.

*All you need to help your students achieve their personal best!*

### Photocopiable activities

- 60 supplementary photocopiable activities for grammar, vocabulary, and skills.
- Engaging tasks practice the language or skills from the lesson in pairs or groups.
- A follow-up *Personal Best* task at the end of each activity allows for a more personal response.
- Interleaved teacher's notes provide preparation, procedural notes, and answer keys as well as extra practice ideas.

### Progress tests

- One Progress test for each of the 10 units.
- Three Progress tests (one for each block of three–four units). These can be used as End-of-term tests.
- One Progress test for all 10 units. This can be used as an End-of-year test.
- A and B versions of tests.
- Answer keys.



**Richmond**

[www.richmondelt.com/personalbest](http://www.richmondelt.com/personalbest)

## For students

- Student's Book + Class Audio + Video
- Richmond Learning Platform access
- Personal Best Language App
- Workbook + Audio

## For teachers

- Teacher's Book + interleaved Student's Book
- Richmond Learning Platform access
- Class Audio + Video
- Teacher's Resource Book with photocopiable activities and tests
- Digital Book for Interactive Whiteboard use
- Complete assessment package



## Richmond Learning Platform

- Practice language and skills
- Assign, test, and track progress
- Download full range of teaching resources
- Access ready-made print and interactive tests
- Create new tests with **Richmond Test Manager**

Common European Framework

A1 | A2 | B1 | B2 | C1 | C2

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